

Sense of community offered at Manors

By KATHRINE PATTON

CHEYENNE AND CASPER - Holy Trinity Manor in Cheyenne and St. Anthony's Manor in Casper have been providing seniors of Wyoming with independent living facilities in a community setting for more than two decades.

The manors allow seniors an alternative for living which alleviates the necessity to do upkeep on their homes while providing them a secure and comfortable place to call home.

Both Sister Ruth Ann Hehn at Holy Trinity Manor and former manager Laura Zook from St. Anthony's Manor said the one quality residents enjoy the most is the sense of community. There planned activities include bingo, exercise, crafts, playing cards, breakfasts and Mass or religious services. Each manor has a community room and an outdoor area for leisure.

Although both homes are managed by the Archdiocese of Denver, each has a local site manager and onsite monitors to ensure that the needs of residents are being met. The Cheyenne facility houses up to 30 people and 3 units are equipped for the disabled, and the Casper location serves 64 with 7 equipped for the disabled. All units have wall-to-wall

carpeting, a kitchen and off-street parking.

Each building has locked doors and visitors can only enter when the residents or onsite monitors buzz them into the facility. Additional assurance of safety for the residence is one or more pull cords located in each apartment for residents to signal if they are having a health or safety emergency and a red ring check system which signals that everything is OK for individual occupants of units.

Zook said the apartments are ideal for those who are "looking at it as an opportunity to be relieved of some of the responsibilities of caring for their homes." The manors are meticulously kept by a resident or full-time maintenance worker, alleviating the burden for seniors. Sister Ruth Ann said the "maintenance people are super conscientious" and this contributes to the cleanliness and brightness of the apartments and community facilities.

Currently, Holy Trinity Manor has one opening and St. Anthony's Manor has a waiting list. If you are interested in learning more, please call Sister Ruth Ann Hehn at Holy Trinity Manor, 307-778-8850 or June Thornburg at St. Anthony Manor, 307-237-0843.



Photo by Kathrine Patton

Sister Ruth Ann Hehn, director of Holy Trinity Manor in Cheyenne, pauses for a photo with maintenance worker, Phil Flores.



Photo by Kathrine Patton

Lucille Schwarz daughter, Suzanne, visits her at Holy Trinity Manor every Tuesday. Here they are visiting with other residents after morning Mass.

EVENTS CALENDAR

June

One Life-One People and Earth Symposium

Holy Name Catholic Church in Sheridan is offering a "One Life-One People and Earth" symposium by Sister Helen Prejean, CSI and Sister Maria Grathwohl, OSF. It will be held June 22 from 3 p.m. to 4:30 p.m. and 7 p.m. to 8:30 p.m. and on June 23 from 9 a.m. to 4 p.m. The cost is \$25 for each day. For more information call Terri Bare at 307-672-2848.

Una Voce Powell

Una Voce Powell invites all those desiring to increase their love of God to their Second Annual Conference on June 30 given by priests from the Priestly Fraternity of St. Peter. This is a perfect opportunity for the whole family to reap the benefits of a conference. It will be held from 9 a.m. to 3 p.m. at Northwest College in Powell. The conference is free, but reservations are asked for those wishing to attend the cookout following the closing. For more information or to receive a flyer, call Janice at 307-548-6863 or contact Denise at jdflowers@wir.net.

July

Justfaith

The Social Justice Commission of the Diocese of Cheyenne is inviting two people from each parish to a Saturday workshop introducing Justfaith, a program that empowers people of faith to develop a passion and thirst for God's justice. The facilitator will be Dan Driscoll, a former member of the national board for Justfaith. He holds a Master of Divinity degree from Notre Dame, served as Director of Parish Ministry in the Greensburg, Penn. Diocese. The conference will be held July 28 from 9 a.m. to 3:30 p.m. at St. Anthony's Parish Center, 642 South Walcott in Casper. Lunch will be served. The registration fee is \$10. Reservations should be made by July 23 to Angie Kinneman, Social Justice Commission, 320 8th St. Rawlins, WY. 82301; phone 307-324-5460 or email akinmn@tribcsp.com. Checks should be made out to the Diocese of Cheyenne.

September

Wyoming Council of Catholic Women Convention

Holy Rosary Council of Catholic Women of Lander is sponsoring the 54th Annual Wyoming

Council of Catholic Women Convention, Many Parts, One Body, Social Justice Caring for God's Creation. It will be held Sept. 9, 10, and 11 at Lander Inn. The fee for the entire convention is \$80 and registrations should be postmarked by Aug. 6. The late registration fee is \$90. There will be free time Monday from 3 to 5 p.m. Places of interest include: Wyoming Catholic College, NOLS/Historic Noble Hotel, Lander Museum, Sinks Canyon State Park, Eagle Bronze Foundry, Fort Washakie, St. Stephen's Mission, and South Pass/Atlantic City. Host families available and places are limited. First come, first serve. For more information please call Maureen Cole at 332-9070.

October

Worldwide Marriage Encounter Weekend

Open your hearts wide and let the Holy Spirit fill your marriage/Holy Orders with life and love. The next Worldwide Marriage Encounter Weekend is in Casper, Oct. 26 to 28, then in Southwest Wyoming in Nov. 2 to 4. For more information or to register, please call Steve or Debbie Robbins at 307-686-7471.

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